

# Dalai Lama A Biography Of The Tibetan Spiritual And Political Leader

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**Escape from the Land of Snows** Stephan Talty 2012-02 Documents the story of the Dalai Lama’s harrowing 14-day flight from Tibet to India in 1959, describing the violent uprising in Lhasa between Tibetan rebels and Chinese occupiers and the numerous near-death incidents that the young Buddhist spiritual leader endured. Reprint.

**Dalai Lama** Tisha Pond 2016-09-05 Dalai Lama, Tibet’s political leader, has strived to make Tibet an independent and democratic state from China. Following the Chinese Invasion of Tibet in 1959 he and his followers have been exiled to India. The Dalai Lamas are believed by Tibetan Buddhist followers to be manifestations of Avalokiteshvara or Chenrezig, the Bodhisattva of Compassion and the patron saint of Tibet. Bodhisatvas are believed to be enlightened beings who have postponed their own nirvana and chosen to take rebirth in order to serve humanity. The Dalai Lama is considered to be the successor in a line of tulkus who are believed to be incarnations of AvalokiteOEvava, the Bodhisattva of Compassion. Tenzin Gyatso is the 14th Dalai Lama in a line of Buddhist spiritual and political leaders of Tibet. Buddhists are followers of Gautama Buddha (c. 563-c. 483 b.c.e.), who believed the troubles of this life can be overcome through moral and mental discipline.

**The Hidden Life of the Sixth Dalai Lama** Simon Wickham-Smith 2011-05-19 This is the first English translation of a Dalai Lama’s biography, and is highly significant for the historical study of the Gaden Phodrang period, around the turn of the seventeenth century. It is not only a biography, but a historical narrative of a legendary character, and illustrates the nature and understanding of Tibetan hagiographical and mystical literature within a sociopolitical context.

**Man of Peace** William Meyers 2017-03 This beautiful tradepaper graphic novel tells the story of one man taking on an empire, calling for truth, peace, and justice for his Tibetan people. Here, in full color for the first time, people can come to know the whole drama of his lifelong struggle. Since the age of 15, the Dalai Lama has defended his people against one of the last great empires, the People’s Republic of China. Under its “dictatorship of the proletariat,” China began to invade Tibet in 1950, decimating and then continually oppressing its people. Since colonialism cannot be practiced in our era of self-determined nations, China always maintains that the Tibetans are a type of Chinese, using propaganda and military power to crush Tibet’s unique culture and identity. Yet the Dalai Lama resists by using only the weapon of truth—along with resolute nonviolence—even worrying some of his own people by seeking dialogue and reconciliation based on his more realistic vision. The great 14th Dalai Lama of Tibet has become the first global Dalai Lama, a prominent transnational leader of all who want to make the dramatic changes actually necessary for life on earth to thrive for centuries to come. Considered the incarnation of the Buddhist savior Chenrezig or Avalokiteshvara—archangel of universal compassion—he is believed to appear in many forms, at many different times, whenever and wherever beings suffer. Representing the plight of his beloved Tibetan people to the world, he has also engaged with all people who suffer oppression and injustice, as recognized in 1989 by his being awarded the Nobel Peace Prize. Most importantly, the Dalai Lama walks his talk throughout these pages, as he has throughout his life, and he radiates a powerful hope that we can and will prevail. Man of Peace presents the inside story of his amazing life and vision, in the high tension of the military occupation of Tibet and the ongoing genocide of its people—a moving work of political and historical nonfiction brought to life in the graphic novel form—here for all to see.

*Freedom in Exile* Dalai Lama 1991-06-21 In this astonishingly frank autobiography, the Dalai Lama reveals the remarkable inner strength that allowed him to master both the mysteries of Tibetan Buddhism and the brutal realities of Chinese Communism.

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**The Illusive Play: the Autobiography of the Fifth Dalai Lama** Samten Gyaltzen Karmay 2014 The Illusive Play is an English translation of the autobiography of Ngawang Lobzang Gyatsho, the Fifth Dalai Lama. It is of exceptional value because it has taken such care to give a precise chronology throughout its entire length. It witnesses the life and culture of 17th-century Tibet, which was a formative period for the establishment of the Tibetan Buddhist theocracy.

**The 14th Dalai Lama** Tetsu Saiwai 2010-09-28 A new way of getting to know one of the world’s most beloved spiritual leaders. Featuring a charmingly illustrated format that will appeal to readers of all ages, this unique biography is an ideal introduction to the leader of the Tibetan government-in-exile. Born in 1935 to a peasant family in a small village, Tenzin Gyatso was recognized at the age of two as the reincarnation of his predecessor, the Thirteenth Dalai Lama. In 1950, His Holiness assumed full political power when China invade Tibet-a tragedy that forever changed him and shaped his efforts on behalf of world peace, for which he was award the Nobel Peace Prize. This graphic novel is an appealing and approachable depiction of the life and personality of an iconic figure.

**The Dalai Lama’s Little Book of Inner Peace** Dalai Lama 2018-10-01 His Holiness the Dalai Lama offers powerful, profound advice on how to live a peaceful and fulfilling life amidst all the conflicts of the modern world. In this distillation of his life and teachings, the Dalai Lama paints a compelling portrait of his early life, reflecting on the personal and political struggles that have helped to shape his understanding of our world. Offering his wisdom and experience to interpret the timeless teachings of the Buddha, The Dalai Lama’s Little Book of Inner Peace is fresh and relevant to our troubled times. He explains in a simple and accessible way how each of us can influence those around us by living with integrity. And he holds out hope that, through personal transformation, we can all contribute to a better world. Replaces ISBN 9781571746092

*Advice on Dying* Dalai Lama XIV Bstan-’dzin-rgya-mtsho 2002-11-19 This revelatory volume shows readers how to confront death—along with inevitable currents of life—with a deep-seated preparedness built on virtue, focus, and inner strength.

**How to Practice** Dalai Lama XIV Bstan-’dzin-rgya-mtsho 2003-08-19 An instructional resource and inspirational guide to daily life describes each step on the path to spiritual enlightenment and explains how to practice everyday morality, meditation, wisdom, and compassion.

**The Extraordinary Life of His Holiness the Fourteenth Dalai Lama** Dalai Lama 2021-06-08 His Holiness the 14th Dalai Lama tells the story of his life with stunning illustrations by world-renowned artist Rima Fujita. One of the most revered spiritual figures of our time—His Holiness the Fourteenth Dalai Lama—tells the story of his life in this intimate, timeless, and approachable book. Featuring luminous illustrations from world-renowned artist Rima Fujita and some never-before-shared details, it’s the perfect way to explore the life of the Dalai Lama. This simple yet powerful text combined with stunning artwork will captivate readers of all ages—and will take you on a mystical journey you won’t soon forget.

**The Dalai Lama** Alexander Norman 2020-02-25 The first definitive biography of the Dalai Lama—a story by turns inspiring, surprising—from an acclaimed Tibetan scholar with exceptional access to his subject The Dalai Lama’s message of peace and compassion resonates with people of all faiths and none. Yet, for all his worldwide fame, he remains personally elusive. Now, Alexander Norman, acclaimed Oxford-trained scholar of the history of Tibet, delivers the definitive biography—unique, multilayered, and at times even shocking. The Dalai Lama illuminates an astonishing odyssey from isolated Tibetan village to worldwide standing as spiritual and political leader of one of the world’s most profound and complex cultural traditions. Norman reveals that, while the Dalai Lama has never been comfortable with his political position, he has been a canny player—at one time CIA-backed—who has maneuvered amidst pervasive violence, including placing himself at the center of a dangerous Buddhist schism. Yet even more surprising than the political, Norman convinces, is the Dalai Lama’s astonishing spiritual practice, rooted in magic, vision, and prophecy—details of which are illuminated in this book for the first time. A revelatory life story of one of today’s most radical, charismatic, and beloved world leaders.

**Dalai Lama** Mayank Chhaya 2007 Authorised Biography of His Holiness. The Dalai Lama In 1997, the Indian journalist Mayank Chhaya was authorised by the Dalai Lama to write about his life and times. The only authorised biographer of His Holiness who is not a Buddhist, Chhaya conducted more than a dozen personal interviews with the Dalai Lama in McLeod Ganj in India s Himalayan north, home to Tibet s government-in-exile. In DALAI LAMA: MAN, MONK, MYSTIC Chhaya presents an in-depth, insightful portrait of a figure of perennial interest to people all over the world. Chhaya writes about Tibet and the Buddhist tradition from which the Dalai Lama emerged, helping readers understand the context that shaped his beliefs, politics, and ideals. Adding depth and nuance to his portrait, Chhaya depicts the Dalai Lama in the light of his life in exile and the various roles he has had to assume for his followers. He writes about the complex conflict between China and Tibet, and offers insights into the growing discontent among young Tibetans who are frustrated with the non-violent approach to Chinese occupation that the Dalai Lama advocates. A balanced, informative view of the Dalai Lama and his work, this biography is both a compelling profile of a remarkable spiritual leader and his mission, and an engaging look at how the current unrest in his country will affect its future.

**His Holiness the Dalai Lama** Dalai Lama XIV Bstan-’dzin-rgya-mtsho 2005-07-04 Culled from more than fifty interviews with the Dalai Lama’s family, colleagues, and followers, this fascinating account of a living spiritual icon offers readers insights into the public and private life of the leader of Tibetan Buddhism.

**Dalai Lama, My Son** Diki Tsering 2001-05-01 In this fascinating memoir the Dalai Lama’s mother tells a compelling woman’s story. With vivid and intimate details, she recounts her life’s humble beginning, the customs and rituals of old Tibet, the births of her sixteen children (only seven of whom survived), learning her son’s remarkable destiny, the family’s arduous move to Lhasa before the Chinese invasion of Tibet, and their escape and eventual exile. Rich in historic and cultural details, this moving memoir personalizes the history of the Tibetan people—the magic of their culture, the role of their women, and their ancient ideals of compassion, faith, and equanimity.

**The Dalai Lama** Alexander Norman 2020-02-27 'Impressive in its clarity this biography [is] the most detailed and accurate to date. Written in an engaging prose, [it] ends with an insightful prediction of the legacy of the fourteenth Dalai Lama, and a clear-eyed assessment of the challenges that the fifteenth will face' The New York Times The Dalai Lama’s message of peace and compassion resonates with people of all faiths and none. Yet, for all his worldwide fame, he remains personally elusive. Now, Alexander Norman, acclaimed Oxford-trained scholar of the history of Tibet, delivers the definitive biography—unique, multi-layered, and at times even shocking. The Dalai Lama illuminates an astonishing odyssey from isolated Tibetan village to worldwide standing as spiritual and political leader of one of the world’s most profound and complex cultural traditions. Norman reveals that, while the Dalai Lama has never been comfortable with his political position, he has been a canny player—at one time CIA-backed—who has manoeuvred amidst pervasive violence, including placing himself at the centre of a dangerous Buddhist schism. Yet even more surprising than the political, Norman convinces, is the Dalai Lama’s astonishing spiritual practice, rooted in magic, vision, and prophecy—details of which are illuminated in this book for the first time. A revelatory life story of one of today’s most radical, charismatic, and beloved world leaders.

**The 14th Dalai Lama** 2011 A biography of the current Dalai Lama, Tenzin Gyatso, discussing the history of Tibet and the role of the Buddhist leader in this country’s spiritual and political life.

**The Story of Tibet** Thomas Laird 2007-10-10 In a series of candid interviews with the Dalai Lama, the spiritual leader speaks out about the land, people, culture, history, traditions, and spirituality of Tibet, discussing the role played by religion and spirituality in the nation’s history, the Dalai Lama’s flight into exile in 1959, his personal religious beliefs, and his lifelong study of Buddhism. Reprint.

**The Dalai Lama** Demi 1998

**The Dalai Lama** Patricia Cronin Marcello 2003 A biography of the Tibetan Buddhist leader, Tenzin Gyatso, discusses his early family, his education as the fourteenth incarnation of the Lama, his exile in India, and his struggle to gain freedom for his people.

**Dalai Lama**

**Dalai Lama** Kyle Archibald 2016-12-04 The 14th Dalai Lama is the current Dalai Lama. Dalai Lamas are important monks of the Gelug school, the newest school of Tibetan Buddhism which is nominally headed by the Ganden Tripas. From the time of the 5th Dalai Lama to 1959, the central government of Tibet, the Ganden Phodrang, invested the position of Dalai Lama with temporal duties. The 14th Dalai Lama was born in Taktser village (administratively in Qinghai province, Republic of China), Amdo, Tibet, and was selected as the tulku of the 13th Dalai Lama in 1937 and formally recognized as the 14th Dalai Lama at a public declaration near the town of Bumchen in 1939. His enthronement ceremony as the Dalai Lama was held in Lhasa on February 22, 1940, and he eventually assumed full temporal (political) duties on 17 November 1950, at the age of 15, after China’s invasion of Tibet. The Gelug school’s government administered an area roughly corresponding to the Tibet Autonomous Region just as the nascent People’s Republic of China wished to assert central control over it. During the 1959 Tibetan uprising, the Dalai Lama fled to India, where he currently lives as a refugee. The 14th Dalai Lama received the Nobel Peace Prize in 1989. He has traveled the world and has spoken about the welfare of Tibetans, environment, economics, women’s rights, non-violence, interfaith dialogue, physics, astronomy, Buddhism and science, cognitive neuroscience, reproductive health, and sexuality, along with various Mahayana and Vajrayana topics.

The Dalai Lama Claude B. Levenson 2001 Claude Levenson’s search for Tenzin Gyatso, the present Dalai Lama, took her across the Himalayas, from Lhasa to his headquarters-in-exile in Dharamsala. At Dharamsala, hours of personal interviews revealed the story of his prodigious life, of how a lively child came to be recognised as the fourteenth reincarnation of the Buddha of Infinite Compassion. The book offers a vivid portrayal of an important civilization based on a sophisticated Buddhist tradition which faces extinction in Tibet. It covers the Dalai Lama’s political programme of the Middle Ways which allows for a limited autonomy for Tibet. The preface brings the story up to the present day, focusing on the increase in human rights abuses in Tibet. -- Back cover. **The Dalai Lama** Alexander Norman 2020-02-27 'Impressive in its clarity this biography [is] the most detailed and accurate to date. Written in an engaging prose, [it] ends with an insightful prediction of the legacy of the fourteenth Dalai Lama, and a clear-eyed assessment of the challenges that the fifteenth will face' The New York Times The Dalai Lama’s message of peace and compassion resonates with people of all faiths and none. Yet, for all his worldwide fame, he remains personally elusive. Now, Alexander Norman, acclaimed Oxford-trained scholar of the history of Tibet, delivers the definitive biography—unique, multi-layered, and at times even shocking. The Dalai Lama illuminates an astonishing odyssey from isolated Tibetan village to worldwide standing as spiritual and political leader of one of the world’s most profound and complex cultural traditions. Norman reveals that, while the Dalai Lama has never been comfortable with his political position, he has been a canny player—at one time CIA-backed—who has maneuvered amidst pervasive violence, including placing himself at the center of a dangerous Buddhist schism. Yet even more surprising than the political, Norman convinces, is the Dalai Lama’s astonishing spiritual practice, rooted in magic, vision, and prophecy—details of which are illuminated in this book for the first time. A revelatory life story of one of today’s most radical, charismatic, and beloved world leaders.

*The Tibetan Book of the Dead* Donald S. Lopez Jr. 2011-02-07 The Tibetan Book of the Dead is the most famous Buddhist text in the West, having sold more than a million copies since it was first published in English in 1927. Carl Jung wrote a commentary on it, Timothy Leary redesigned it as a guidebook for an acid trip, and the Beatles quoted Leary’s version in their song "Tomorrow Never Knows." More recently, the book has been adopted by the hospice movement, enshrined by Penguin Classics, and made into an audiobook read by Richard Gere. Yet, as acclaimed writer and scholar of Buddhism Donald Lopez writes, "The Tibetan Book of the Dead is not really Tibetan, it is not really a book, and it is not really about death." In this compelling introduction and short history, Lopez tells the strange story of how a relatively obscure and malleable collection of Buddhist texts of uncertain origin came to be so revered—and so misunderstood—in the West. The central character in this story is Walter Evans-Wentz (1878-1965), an eccentric scholar and spiritual seeker from Trenton, New Jersey, who, despite not knowing the Tibetan language and never visiting the country, crafted and named The Tibetan Book of the Dead. In fact, Lopez argues, Evans-Wentz’s book is much more American than Tibetan, owing a greater debt to Theosophy and Madame Blavatsky than to the lamas of the Land of Snows. Indeed, Lopez suggests that the book’s perennial appeal stems not only from its origins in magical and mysterious Tibet, but also from the way Evans-Wentz translated the text into the language of a very American spirituality.

*My Tibet* Dalai Lama XIV 1995 The fourteenth Dalai Lama of Tibet offers his views on world peace and environmental responsibility in a collection of essays accompanied by photographs of his beloved Tibet.

**The Autobiography of a Tibetan Monk** Palden Gyatso 2015-12-15 Palden Gyatso was born in a Tibetan village in 1933 and became an ordained Buddhist monk at 18 — just as Tibet was in the midst of political upheaval. When Communist China invaded Tibet in 1950, it embarked on a program of "reform" that would eventually affect all of Tibet’s citizens and nearly decimate its ancient culture. In 1967, the Chinese destroyed monasteries across Tibet and forced thousands of monks into labor camps and prisons. Gyatso spent the next 25 years of his life enduring interrogation and torture simply for the strength of his beliefs. Palden Gyatso’s story bears witness to the resilience of the human spirit, and to the strength of Tibet’s proud civilization, faced with cultural genocide.

**The Life of My Teacher** Dalai Lama 2017-07-11 The Sixth Ling Rinpoche❖ (1903-83) was a towering figure in Tibetan Buddhism. Combining great learning with great humility, he was ordained by the Thirteenth Dalai Lama and went on to serve as the head of the Geluk tradition and as the senior tutor to the present Dalai Lama. In temperament and wisdom, he was a singular influence on the Dalai Lama’s spiritual development, and he became a steadying presence for His Holiness during the chaotic changes that defined the Tibetan experience of the twentieth century, with the invasion of their county by Communist forces and the subsequent rebuilding of their culture in India. Ling Rinpoche❖’s extensive travels among exiled communities abroad and across India buoyed the spirits of the Tibetan diaspora, and the training and activities of this consummate Buddhist master, here told in the Dalai Lama’s own words, will inspire and amaze. Fiftyfive colour and seventyfive blackandwhite archival photos bring the text to life.

*The Dalai Lamas of Tibet* Thubten Samphel 2000 Of sizeable contemporary interest and interspersed with rare archival photographs, this book is an empathetic look at the spiritual influence that continues to guide Tibetans today.

**Kundun** Mary Craig 1998-09-02 Here is the story of Tibet as told by its remarkable first family—a story of reincarnation, coronation, heartbreaking exile, and finally the tenacious efforts of a holy man to save a nation and its people. Kundun is the first work to focus on the Dalai Lama’s family—his parents, four brothers, and two sisters. Particularly compelling are Mary Craigs portraits of the Dalai Lamas siblings, who have negotiated with China on behalf of their country, enlisted the aid of international allies to spearhead Tibetan Resistance, and worked tirelessly to help thousands of sick and starving refugee children. This remarkable book opens in 1933 with the death of the thirteenth Dalai Lama and the frantic effort among Tibetan authorities to find his reincarnation. In their search for a baby boy displaying the characteristic marks of a Dalai Lama—tiger striped legs, wide eyes, large ears, and palms bearing the pattern of a sea shell—officials were led to a tiny village in northeastern Tibet, home of Lhamo Dzhondup, a smart, stubborn toddler already known for his tantrums. Responding calmly when a group of high lamas and dignitaries tested his memory of a previous life, the child easily recognized a rosary, walking stick, and drum belonging to the thirteenth Dalai Lama. In an instant this little boy and his entire family were swept into a world of unending ritual and complex internal politics. Lhamo was installed as the fourteenth Dalai Lama at the age of three, and was known from that point on as His Holiness or Kundun (the Presence), titles even his family members were obliged to use. A few years later the young Dalai Lama and his family were faced with China’s invasion of Tibet. Living in exile since the late 1950s, they have waged a decades-long struggle for the freedom of their country. Particularly compelling are Craig’s portraits of the Dalai Lama’s siblings, who have negotiated with China on behalf of their country, enlisted the aid of international allies to spearhead Tibetan Resistance, and worked tirelessly to help thousands of sick and starving refugee children.

**The Dalai Lama** Alexander Norman 2020 "The first definitive biography of the Dalai Lama—a story by turns inspiring, surprising—from an acclaimed Tibetan scholar with exceptional access to his subject"—

**His Holiness the Fourteenth Dalai Lama** Tenzin Geyche Tethong 2020-11 This biography of the Dalai Lama—blessed by His Holiness himself—is the most authentic and intimate profile of the world’s greatest living spiritual figure. Tenzin Geyche Tethong, a close aide of His Holiness for forty years who became family, offers readers unprecedented access to the Dalai Lama in this beautifully illustrated book. The Dalai Lama’s youngest brother, Ngari Rinpoche Tenzin Choegyal, who was only 12 years old when he accompanied His Holiness on his dangerous 1959 escape to India, is a personal friend of Tethong and the mentor for this book project. As “elders” to the Tibetan community in exile, these men have come together to tell the true story of His Holiness—their brother, friend, and leader. Featuring previously unpublished photographs, as well as interviews and memories of those closest to him, this book renders unparalleled insights into the Dalai Lama’s experiences as the preeminent leader of Tibet, and the wealth of his compassion and gentle humor in the face of the ongoing conflict. This is in no small part due to Tethong and Ngari Rinpoche’s unique perspectives on many sensitive issues. Richly compelling, His Holiness the Fourteenth Dalai Lama: An Illustrated Biography is a stunning visual celebration of the Dalai Lama, sketching a memorable portrait of an icon and a cause that have won the attention and hearts of billions across the world. \* As his long-time personal secretary, Tethong was privy to the Dalai Lama’s difficult relationship with India during his exile, with many challenges arising from his host country’s ambivalence to Tibet. Tethong candidly discusses India’s lackluster attempts at uplifting his people—denying them official documentation, restricting employment, and crowding refugees in the remote location of Dharamsala—citing its fear of angering China as the reason behind its ambivalence towards Tibet. \* Ngari Rinpoche revisits his own profound memory of their exile: his time in the Special Frontier Force, or the "22" of the Indian Army, a period of his life for which there had previously been little recorded information. Ngari Rinpoche and his wife, Rinchen Khando, were one of the many Tibetans who joined this covert force with the intent of fighting the Chinese, under the guidance of intelligence agencies such as India’s RAW and the American CIA. For the very first time, they discuss their American colleagues, the disappointments they faced as part of the "22," and the experiences that led to Ngari Rinpoche’s depressive episode. \* Tethong also sheds much-needed light on the Dalai Lama’s Nobel Prize-winning campaign for the spiritual and political liberation of his people. He adopts a nuanced approach towards the Dalai Lama’s non-violent struggle for Tibetan autonomy, writing frankly about their attempts to mediate the political differences between younger Tibetans in Dharamsala and the Tibetan administration. He also explores the numerous political difficulties faced by the Dalai Lama’s cause in the years before its worldwide recognition.

**The 14th Dalai Lama** Tetsu Saiwai 2010 Offers the story of the fourteenth Dalai Lama, the religious and political leader of Tibet, in graphic novel format. *The 14th Dalai Lama* Whitney Stewart 2000-01-01 Offers the story of Lhamo Thondup, the fourteenth Dalai Lama, who was discovered when he was two years old and brought to the capital city of Lhasa to be trained as the religious and political leader of his country.

**The Story of Tibet** Thomas Laird 2007-12-01 “A memorable and vivid history lesson about a remote mysterious place that, in terms of its sheer survival, has implications for our own lives.” —TheTimes-Picayune Over the course of three years, journalist Thomas Laird spent more than sixty hours with His Holiness the Dalai Lama in candid, one-on-one interviews that ranged widely, covering not only the history of Tibet but science, reincarnation, and Buddhism. Laird brings these meetings to life in this vibrant, monumental work that outlines the essence of thousands of years of civilization, myth, and spirituality. Tibet’s story is rich with tradition and filled with promise. It begins with the Bodhisattva Chenrizi (“The Holy One”) whose spirit many Tibetans believe resides within the Dalai Lama. We learn the origins of Buddhism, and about the era of Great Tibetan Emperors, whose reign stretched from southwestern China to Northern India. His Holiness introduces us to Tibet’s greatest yogis and meditation masters, and explains how the institution of the Dalai Lama was founded. Laird explores, with His Holiness, Tibet’s relations with the Mongols, the Golden Age under the Great Fifth Dalai Lama, Tibet’s years under Manchu overlords, modern independence in the early twentieth century, and the Dalai Lama’s personal meetings with Mao just before His Holiness fled into exile in 1959. The Story of Tibet is “a tenderly crafted study that is equal parts love letter, traditional history and oral history” (Publishers Weekly). “Captivating reading.” —Tricycle

*The Second Dalai Lama* Dalai Lama II. 2005-09-02 Illuminating one of the great Lamas in the Tibetan Buddhist tradition, the author offers a rare look at the life and work of teachers who influenced the current Dalai Lama. Original.

*Portrait of a Dalai Lama* Sir Charles Alfred Bell 1987 Portrait of a Dalai Lama is the story of one of Tibet’s greatest religious and political leaders. It also stands as an important historical portrait of a pivotal era in Asian and world affairs.

*DALAI LAMA, His Magical Childhood and Teenage Years* A J Parr 2019-07-06 THIS BOOKS REVEALS SURPRISING FACTS about the magical childhood and teenage years of the Fourteenth Dalai Lama, the youngest son of a humble Tibetan farmer, born in a remote Tibetan village, who became the political and spiritual leader of his homeland when he was only a kid. The pages of this biography bring light on the main facts and events that shaped his amazing early life, including: \*The Tibetan prophecy that announced his reincarnation.\*The magic lake that described the place where he was born.\*How the high lamas found him in a small farming village when he was 2.\*How he was tested and proved he was the incarnation of his predecessor.\*How he was taken to the Forbidden City when he was 4.\*His formal preparation to become a Tibetan Buddhist monk at age 6.\*His formal education and childhood interests.\*His first contacts with “the other side of the mountain.”\*His initial dreams of ending Tibet’s lengthy isolation.\*The use of shamans and mediums in the Tibetan Buddhist court.\*The prophecy of the Chinese invasion and his forced exile.\*His forced exile and spiritual mission as leader of Tibetan Buddhism.Discover the magic and mystery behind the early years of one of the world’s youngest and most astonishing spiritual leaders of our time. Hit the buy button now!

**Buddhism** Dalai Lama 2017-01-24 Now in Paperback! Explore with the Dalai Lama the common ground underlying the diverse traditions of Buddhism. Buddhism is practiced by hundreds of millions of people worldwide, from Tibetan caves to Tokyo temples to redwood retreats. To an outside viewer, it might be hard to see what they all have in common. In Buddhism, His Holiness the Dalai Lama and American Buddhist nun Thubten Chodron map out with clarity the convergences and the divergences between the two major strains of Buddhism—the Sanskrit traditions of Tibet and East Asia and the Pali traditions of Sri Lanka and Southeast Asia. Especially deep consideration is given to the foundational Indian traditions and their respective treatment of such central tenets as the four noble truths the practice of meditation the meaning of nirvana enlightenment. The authors seek harmony and greater understanding among Buddhist traditions worldwide, illuminating the rich benefits of respectful dialogue and the many ways that Buddhists of all stripes share a common heritage and common goals.