

Top Secret Recipes Narod

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This Must Be the Place Rachael Ray 2021-11-09 Rachael Ray presents 125+ recipes straight from her home kitchen in upstate New York, with personal stories on loss, gratitude, and the special memories that make a house a home. "I wanted to write this book because for the first time in my fifty-two years, everyone on the planet was going through the same thing at the same time. We were all feeling the same fear, heartsickness, worry, and sadness, but due to the nature of the virus, it was hard to connect. I connect through cooking, and I noticed that's what many others were doing as well. We took to the kitchen to share something of ourselves—and cooking became the discipline, diversion, and devotion that got us through." You may think you know Rachael Ray after decades of TV appearances and dozens of books, but 2020 changed us all and it changed her, too—her life and her direction. During the early months of the pandemic in upstate New York, far away from her New York City television studio, Rachael Ray and her husband, John, went to work in their home kitchen hosting the only cooking show on broadcast TV. At her kitchen counter, with the help of her iPhone cameraman (John), Rachael produced more than 125 meals—everything from humble dishes composed of simple pantry items (One-Pot Chickpea Pasta or Stupid Good, Silly Easy Sausage Tray Bake) to more complex recipes that satisfy a craving or celebrate a moment (Porcini and Greens Risotto or Moroccan Chicken Tagine). This Must Be the Place captures the words, recipes, and images that will forever shape this time for Rachael and her family, offering readers inspiration to rethink and rebuild what home means to them now.

Revolucja Robert E. Blobaum 2016-11-01 The revolution of 1905 in the Russian-ruled Kingdom of Poland marked the consolidation of major new influences on the political scene. As he examines the emergence of a mass political culture in Poland, Robert E. Blobaum offers the first history in any Western language of this watershed period. Drawing on extensive archival research to explore the history of Poland's revolutionary upheavals, Blobaum departs from traditional interpretations of these events as peripheral to an essentially Russian movement that reached a climax in the Russian Revolution of 1917. He demonstrates that, although Polish independence was not formally recognized until after World War I, the social and political conditions necessary for nationhood were established in the years around 1905.

Jamie's Food Tube: The Pasta Book Gennaro Contaldo 2015-07-02 Jamie Oliver's Food Tube presents The Pasta Book, jam-packed with simple, seasonal recipes, plus all the need-to-know basics from Jamie's own Italian mentor, chef Gennaro Contaldo. 'Enjoy this pocket-sized cookbook, full of incredible, achievable pasta recipes, from the very basics to kick-ass dishes for any night of the week. Buon appetite!' - Jamie Oliver Whatever your ability in the kitchen, pasta is often a staple mid-week supper. This book will help to re-vamp your repertoire. It's full of delicious, simple, seasonal recipes such as: - Wild Rocket & Pecorino Orecchiette - Summer Vegetable Cappellacci - Autumnal Wild Mushroom Tagliatelle - Wintery Game Ragu - Gennaro's take on classic favourites such as Carbonara and Bolognese. If you really want to be adventurous, there is always the option to learn about making pasta from scratch, but the recipes are equally tasty with dried pasta.

The Weigh Down Diet Gwen Shamblin 2009-09-30 Isn't your desire to overeat really spiritual hunger? "I can stop in the middle of a candy bar and have no desire to eat the second half if my stomach is not calling for it." - Gwen Shamblin Do you eat and eat and never feel full? Rise above the magnetic pull of the refrigerator and turn to the bounty offered to thousands who have embraced a liberating weight-reduction program in churches across America. The Weigh Down Diet gives new hope to millions who have failed on conventional diets and guides readers to the richer satisfaction that comes not from food, but from faith. Gwen Shamblin's The Weigh Down Diet is a groundbreaking approach to weight loss. People who have known no end to their hunger and who have no control over their late-night binges have learned through the Weigh Down Workshop that they can remove the irresistible desire for food. This is not a diet like others, because it is not food-focused. It contains chapters such as "It's Not Genetics or Your Mother's Fault," "I Feel Hungry All the Time," and "How to Eat Potato Chips and Chocolate." So, as you can see, here is a very different approach to weight loss. Weigh Down gives back hope to dieters who will learn that God did not put chocolate or lasagna on Earth to torture us – but rather for our enjoyment!

The Three Investigators in The Mystery of the Kidnapped Whale Marc Brandel 1983 The three investigators, attempting to rescue a beached whale, end up searching for sunken treasure.

Mastering Mountain Bike Skills Brian Lopes 2017-07-24 If you want to ride like a pro, you should learn from a pro! In Mastering Mountain Bike Skills, Third Edition, world-champion racer Brian Lopes and renowned riding coach Lee McCormack share their elite perspectives, real-life race stories, and their own successful techniques to help riders of all styles and levels build confidence and experience the full exhilaration of the sport. Mastering Mountain Bike Skills is the best-selling guide for all mountain biking disciplines, including enduro, pump track racing, dual slalom, downhill, cross-country, fatbiking, and 24-hour races. It absolutely captures the sport and offers everything you need to maximize performance and excitement on the trail. Learn how to select the proper bike and customize it for your unique riding style. Develop a solid skills base so you can execute techniques with more power and precision. Master the essential techniques to help you carve every corner, nail every jump, and conquer every obstacle in your path. Last, but not least, prepare yourself to handle every type of weather and trail condition that the mountain biking world throws at you. Whether you're a recreational rider looking to rock the trails with friends, are a seasoned enthusiast, or are aspiring to be a top pro, Mastering Mountain Bike Skills will improve your ride and dust the competition. Don't just survive the trail—own the trail, and enjoy the thrill of doing it.

CCCP Cook Book Olga Syutkin 2015 This book contains over 60 recipes, each introduced with an insightful historical story or anecdote, and an accompanying image, spanning such delicacies as aspic, borscht, caviar and herring, by way of bird's milk cake and pelmeni. As the Soviet Union struggled along the path to Communism, food supplies were often sporadic and shortages commonplace. Day to day living was hard, both the authorities and their citizens had to apply every ounce of ingenuity to maximize often inadequate resources. The stories and recipes contained here reflect these turbulent times: from basic subsistence meals consumed by the average citizen (okroshka), to extravagant banquets held by the political elite (suckling pig with buckwheat), and a scattering of classics (beef stroganoff) in between. Illustrated using images sourced from original Soviet recipe books collected by the author. Many of these sometimes extraordinary-looking pictures depicted dishes whose recipes used unobtainable ingredients,

placing them firmly in the realm of 'aspirational' fantasy for the average Soviet household. In their content and presentation the pictures themselves act as a window into cuisine of the day, in turn revealing the unique political and social attitudes of the era.

Revolution of the Mind Michael David-Fox 1997 Content Description #Includes bibliographical references (p.) and index.

Top Secret Recipes Unlocked Todd Wilbur 2009-11-24 #1 bestselling Top Secret Recipes series with more than 4 million books sold! The kitchen clone recipe king is back with a new Top bestselling Top Secret Restaurant Recipes collection—the first book since his bestselling Top Secret Restaurant Recipes 2. Wilbur takes readers behind the scenes, revealing the key ingredients in some of our favorite foods such as Starbucks' Peppermint Brownie, Krispy Kreme's original glazed donuts, Panera Bread's cranberry walnut bagel and Wendy's Garden Sensations Mandarin Chicken Salad. The book will feature 115 new recipes, including 40 previously unpublished recipes such as: •Panera Bread French Onion Soup •Burger King Onion Rings •Chick-Fil-A Honey Roasted BBQ Sauce •McDonald's Cinnamon Melts •Stouffer's Macaroni & Cheese •Chipotle Mexican Grill Chipotle-Honey Vinaigrette •Popeye's Buttermilk Biscuits. Forget takeout—with these fun recipes and blueprints, all using ingredients you can buy at your local supermarket, you can re-create your favorite restaurant signature dishes right in your own kitchen for a lot less!

Fresh Off the Boat Eddie Huang 2013-01-29 NOW AN ORIGINAL SERIES ON ABC • "Just may be the best new comedy of [the year] . . . based on restaurateur Eddie Huang's memoir of the same name . . . [a] classic fresh-out-of-water comedy."—People "Bawdy and frequently hilarious . . . a surprisingly sophisticated memoir about race and assimilation in America . . . as much James Baldwin and Jay-Z as Amy Tan . . . rowdy [and] vital . . . It's a book about fitting in by not fitting in at all."—Dwight Garner, The New York Times NATIONAL BESTSELLER • NAMED ONE OF THE BEST BOOKS OF THE YEAR BY KIRKUS REVIEWS Assimilating ain't easy. Eddie Huang was raised by a wild family of FOB ("fresh off the boat") immigrants—his father a cocksure restaurateur with a dark past back in Taiwan, his mother a fierce protector and constant threat. Young Eddie tried his hand at everything mainstream America threw his way, from white Jesus to macaroni and cheese, but finally found his home as leader of a rainbow coalition of lost boys up to no good: skate punks, dealers, hip-hop junkies, and sneaker freaks. This is the story of a Chinese-American kid in a could-be-anywhere cul-de-sac blazing his way through America's deviant subcultures, trying to find himself, ten thousand miles from his legacy and anchored only by his conflicted love for his family and his passion for food. Funny, moving, and stylistically inventive, Fresh Off the Boat is more than a radical reimagining of the immigrant memoir—it's the exhilarating story of every American outsider who finds his destiny in the margins. Praise for Fresh Off the Boat "Brash and funny . . . outrageous, courageous, moving, ironic and true."—New York Times Book Review "Mercilessly funny and provocative, Fresh Off the Boat is also a serious piece of work. Eddie Huang is hunting nothing less than Big Game here. He does everything with style."—Anthony Bourdain "Uproariously funny . . . emotionally honest."—Chicago Tribune "Huang is a fearless raconteur. [His] writing is at once hilarious and provocative; his incisive wit pulls through like a perfect plate of dan dan noodles."—Interview "Although writing a memoir is an audacious act for a thirty-year-old, it is not nearly as audacious as some of the things Huang did and survived even earlier. . . . Whatever he ends up doing, you can be sure it won't look or sound like anything that's come before. A single, kinetic passage from Fresh Off the Boat . . . is all you need to get that straight."—Bookforum

Spymaster Oleg Kalugin 2009-03-03 Oleg Kalugin oversaw the work of American spies, matched wits with the CIA, and became one of the youngest generals in KGB history. Even so, he grew increasingly disillusioned with the Soviet system. In 1990, he went public, exposing the intelligence agency's shadowy methods. Revised and updated in the light of the KGB's enduring presence in Russian politics, Spymaster is Kalugin's impressively illuminating memoir of the final years of the Soviet Union.

Propaganda Edward L. Bernays 1928 With politics taking centre stage due to the US presidential election, the time is perfect for a reprint of this classic work from Edward Bernays, the father of public relations and political spin and the man who designed the ad campaign that got the United States involved in World War I. Written in 1928, this was the first book to discuss the manipulation of the masses and democracy by government spin and propaganda.

Collected Works of Velimir Khlebnikov: Letters and theoretical writings Велимир Хлебников 1987 Dubbed by his fellow Futurists the "King of Time," Velimir Khlebnikov (1885-1922) spent his entire brief life searching for a new poetic language to express his convictions about the rhythm of history, the correspondence between human behavior and the "language of the stars." The result was a vast body of poetry and prose that has been called hermetic, incomprehensible, even deranged. Of all this tragic generation of Russian poets (including Blok, Esenin, and Mayakovsky), Khlebnikov has been perhaps the most praised and the more censured. This first volume of the Collected Works, an edition sponsored by the Dia Art Foundation, will do much to establish the counterimage of Khlebnikov as an honest, serious writer. The 117 letters published here for the first time in English reveal an ebullient, humane, impractical, but deliberate working artist. We read of the continuing involvement with his family throughout his vagabond life (pleas to his smartest sister, Vera, to break out of the mold, pleas to his scholarly father not to condemn and to send a warm overcoat); the naive pleasure he took in being applauded by other artists; his insistence that a young girl's simple verses be included in one of the typically outrageous Futurist publications of the time; his jealous fury at the appearance in Moscow of the Italian Futurist Marinetti; a first draft of his famous zoo poem ("O Garden of Animals!"); his seriocomic but ultimately shattering efforts to be released from army service; his inexhaustibly courageous confrontation with his own disease and excruciating poverty; and always his deadly earnest attempt to make sense of numbers, language, suffering, politics, and the exigencies of publication. The theoretical writings presented here are even more important than the letters to an understanding of Khlebnikov's creative output. In the scientific articles written before 1910, we discern foreshadowings of major patterns of later poetic work. In the pan-Slavic proclamations of 1908-1914, we find explicit connections between cultural roots and linguistic ramifications. In the semantic excursions beginning in 1915, we can see Khlebnikov's experiments with consonants, nouns, and definitions spelled out in accessible, if arid, form. The essays of 1916-1922 take us into the future of Planet Earth, visions of universal order and accomplishment that no longer seem so farfetched but indeed resonate for modern

readers.

Illness and Inhumanity in Stalin's Gulag Golfo Alexopoulos 2017-04-25 A new and chilling study of lethal human exploitation in the Soviet forced labor camps, one of the pillars of Stalinist terror In a shocking new study of life and death in Stalin's Gulag, historian Golfo Alexopoulos suggests that Soviet forced labor camps were driven by brutal exploitation and often administered as death camps. The first study to examine the Gulag penal system through the lens of health, medicine, and human exploitation, this extraordinary work draws from previously inaccessible archives to offer a chilling new view of one of the pillars of Stalinist terror.

Hacking Exposed Wireless Johnny Cache 2007-04-10 Secure Your Wireless Networks the Hacking Exposed Way Defend against the latest pervasive and devastating wireless attacks using the tactical security information contained in this comprehensive volume. Hacking Exposed Wireless reveals how hackers zero in on susceptible networks and peripherals, gain access, and execute debilitating attacks. Find out how to plug security holes in Wi-Fi/802.11 and Bluetooth systems and devices. You'll also learn how to launch wireless exploits from Metasploit, employ bulletproof authentication and encryption, and sidestep insecure wireless hotspots. The book includes vital details on new, previously unpublished attacks alongside real-world countermeasures. Understand the concepts behind RF electronics, Wi-Fi/802.11, and Bluetooth Find out how hackers use NetStumbler, WiSPY, Kismet, KisMAC, and AiroPeek to target vulnerable wireless networks Defend against WEP key brute-force, aircrack, and traffic injection hacks Crack WEP at new speeds using Field Programmable Gate Arrays or your spare PS3 CPU cycles Prevent rogue AP and certificate authentication attacks Perform packet injection from Linux Launch DoS attacks using device driver-independent tools Exploit wireless device drivers using the Metasploit 3.0 Framework Identify and avoid malicious hotspots Deploy WPA/802.11i authentication and encryption using PEAP, FreeRADIUS, and WPA pre-shared keys

Seeing Like a State James C. Scott 2020-03-17 "One of the most profound and illuminating studies of this century to have been published in recent decades."—John Gray, New York Times Book Review Hailed as "a magisterial critique of top-down social planning" by the New York Times, this essential work analyzes disasters from Russia to Tanzania to uncover why states so often fail—sometimes catastrophically—in grand efforts to engineer their society or their environment, and uncovers the conditions common to all such planning disasters. "Beautifully written, this book calls into sharp relief the nature of the world we now inhabit."—New Yorker "A tour de force."—Charles Tilly, Columbia University **Studying Peoples in the People's Democracies II** Vintilă Mihăilescu 2008 Bulgaria and Serbia during socialism are outlined from many different points of view in this volume. Beyond local and personal trajectories the authors illuminate more general and comparative questions. Was there anything like a "socialist anthropology", common to all three countries? Did Soviet and/or Marxist influences, in the discipline and in society in general, penetrate so deeply as to form an unavoidable common denominator of anthropological practice? The answers turn out to be complex and subtle. While unifying ideological forces were very strong in the 1950s, diversity increased thereafter. Anthropology was entangled with national ideology in all three countries, but the evidence nonetheless calls for "polyphonic" interpretations.

The Man Without a Face Masha Gessen 2012-03-01 National Book Award winner Masha Gessen's biography of a ruthless man's ascent to near-absolute power. "In a country where journalists critical of the government have a way of meeting untimely deaths, Gessen has shown remarkable courage in researching and writing this unflinching indictment of the most powerful man in Russia." —The Wall Street Journal "Thanks to fearless reporting and acute psychological insights, Masha Gessen has done the impossible in writing a highly readable, compelling life of Russia's mysterious president-for-life." —Tina Brown, The Daily Beast The Man Without a Face is the chilling account of how a low-level, small-minded KGB operative ascended to the Russian presidency and, in an astonishingly short time, destroyed years of progress and made his country once more a threat to his own people and to the world. Handpicked as a successor by the "family" surrounding an ailing and increasingly unpopular Boris Yeltsin, Vladimir Putin seemed like a perfect choice for the oligarchy to shape according to its own designs. Suddenly the boy who had stood in the shadows, dreaming of ruling the world, was a public figure, and his popularity soared. Russia and an infatuated West were determined to see the progressive leader of their dreams, even as he seized control of media, sent political rivals and critics into exile or to the grave, and smashed the country's fragile electoral system, concentrating power in the hands of his cronies. As a journalist living in Moscow, Masha Gessen experienced this history firsthand, and for The Man Without a Face has drawn on information and sources no other writer has tapped. This account of how a "faceless" man maneuvered his way into absolute—and absolutely corrupt—power is the definitive biography of Vladimir Putin.

The Revenge of Gaia James Lovelock 2007-08-02 The key insight of Gaia Theory is that the entire Earth functions as a single living super-organism. But according to James Lovelock, the theory's originator, that organism is now sick. It is running a fever born of increased atmospheric greenhouse gases. Earth will adjust to these stresses, but the human race faces a severe test. It is already too late, Lovelock says, to prevent the global climate from "flipping" into an entirely new equilibrium that will threaten civilization as we know it. But we can do much to save humanity. In the tradition of Silent Spring, this is a call to address a major threat to our collective future.

Top Secret Recipes Unleashed Todd Wilbur 2020-10-27 130 recipes created by food hacker Todd Wilbur, for duplicating the taste and appearance of famous brand-name foods. All recipes are original and created by Todd Wilbur through hours of research and cooking. All photographs are by Todd Wilbur.

The Dance Cure Peter Lovatt 2021-01-26 The founder of the Dance Psychology Lab, Dr. Peter Lovatt, reveals the surprising cognitive and emotional benefits of dancing and prescriptive ways to dance yourself happy. Dancing isn't just good exercise. Surrendering yourself to the beat can have a far-reaching impact on all areas of your life—it can help you communicate better, to think more creatively, and can be a powerful catalyst for change. Losing yourself in the moment to a song or piece of music can also alleviate anxiety, depression, and feelings of isolation, Dr. Peter Lovatt has found. Drawing on great stories from dance history as well as fascinating case studies from his Dance Psychology Lab and his own life, Dr Lovatt shares his best steps and routines, as well as top dance anthems to inspire everyone—even those who believe they "can't dance"—to turn the music on, stand up, and dance themselves happy. The Dance Cure is filled with surprising prescriptions covering a variety of needs, revealing how a particular type of dance can help. Looking to become more empathetic? Pair up for a Scottish country dance Eager to enhance your creativity? Shake it up with contemporary dance Need to de-stress? Let loose with punk-era pogo Looking to prolong your life? Zumba is the secret In need of showing yourself more love? Go solo as you trip the light fantastic. Want to bolster your self-confidence? Try ballet and belly dance. An irresistible blend of science and whimsy, The Dance Cure shows you how to turn the beat—and your life—around.

There Was a Little Girl Brooke Shields 2014-11-18 The perfect gift for Brooke Shields fans, There Was a Little Girl explores Brooke's relationship with her unforgettable mother, Teri, in this extraordinary, heartfelt memoir that became a

New York Times bestseller. Brooke Shields never had what anyone would consider an ordinary life. She was raised by her Newark-tough single mom, Teri, a woman who loved the world of show business and was often a media sensation all by herself. Brooke's iconic modeling career began by chance when she was only eleven months old, and Teri's skills as both Brooke's mother and her manager were formidable. But in private she was troubled and drank heavily. As Brooke became an adult the pair made choices and sacrifices that would affect their relationship forever. And when Brooke's own daughters were born she found that her experience as a mother was shaped in every way by the woman who raised her. But despite the many ups and downs, Brooke was by Teri's side when she died in 2012, a loving daughter until the end. Only Brooke knows the truth of the remarkable, difficult, complicated woman who was her mother. And now, in an honest, open memoir about her life growing up, Brooke will reveal stories and feelings that are relatable to anyone who has been a mother or daughter.

Metamagical Themas Douglas R. Hofstadter 2008-08-04 Hofstadter's collection of quirky essays is unified by its primary concern: to examine the way people perceive and think.

Dance Psychology Peter Lovatt 2018-02-05 Dance Psychology is the study of dance and dancers from a scientific, psychological perspective. Written by Dr Peter Lovatt (AKA Dr Dance), this Dance Psychology textbook provides a general introduction to the Psychology of Dance and then it delves in to eleven of the most central questions concerning Dance Psychology. Are humans born to dance? Does the way you move your body change the way you think? Will dancing make people happier? Can dancing put people in to a trance-like state? Will a person's dance confidence change across the lifespan? Does dancing make people healthier? Why do we enjoy watching some dance performances more than others? How do dancers remember so many dance routines? Why don't dancers get dizzy? Will dancing improve a person's self-esteem? How do we communicate emotions with our body? Drawing on academic literature, this book is engaging, technical and, in places, critical; it is essential reading for anyone with an interest in Dance Psychology.

Desi Khana Tarla Dalal 1990-02-20 Classic Indian Recipes That You've Always Wanted To Try, Are Listed In Simple, Easy To Follow Steps

Please to the Table Anya Von Bremzen 1990-01-01 More than 350 recipes from all fifteen republics of the Soviet Union offer samples of the country's vast diversity—from the robust foods of the Baltic states, to the delicate pilafs of Azerbaijan

Handbook of Easy Languages in Europe Ulla Vanhatalo 2021-07-26 The Handbook of Easy Languages in Europe describes what Easy Language is and how it is used in European countries. It demonstrates the great diversity of actors, instruments and outcomes related to Easy Language throughout Europe. All people, despite their limitations, have an equal right to information, inclusion, and social participation. This results in requirements for understandable language. The notion of Easy Language refers to modified forms of standard languages that aim to facilitate reading and language comprehension. This handbook describes the historical background, the principles and the practices of Easy Language in 21 European countries. Its topics include terminological definitions, legal status, stakeholders, target groups, guidelines, practical outcomes, education, research, and a reflection on future perspectives related to Easy Language in each country. Written in an academic yet interesting and understandable style, this Handbook of Easy Languages in Europe aims to find a wide audience.

Post-Imperium Dmitri V. Trenin 2011-08-01 The war in Georgia. Tensions with Ukraine and other nearby countries. Moscow's bid to consolidate its "zone of privileged interests" among the Commonwealth of Independent States. These volatile situations all raise questions about the nature of and prospects for Russia's relations with its neighbors. In this book, Carnegie scholar Dmitri Trenin argues that Moscow needs to drop the notion of creating an exclusive power center out of the post-Soviet space. Like other former European empires, Russia will need to reinvent itself as a global player and as part of a wider community. Trenin's vision of Russia is an open Euro-Pacific country that is savvy in its use of soft power and fully reconciled with its former borderlands and dependents. He acknowledges that this scenario may sound too optimistic but warns that the alternative is not a new version of the historic empire but instead is the ultimate marginalization of Russia.

Women and Yugoslav Partisans Jelena Batinić 2015-05-12 The book focuses on the mass participation of women in the communist-led Yugoslav Partisan resistance during World War II.

The Pedagogy of Images Marina Balina 2021-06-01 In the 1920s, with the end of the revolution, the Soviet government began investing resources and energy into creating a new type of book for the first generation of young Soviet readers. In a sense, these early books for children were the ABCs of Soviet modernity; creatively illustrated and intricately designed, they were manuals and primers that helped the young reader enter the field of politics through literature. Children's books provided the basic vocabulary and grammar for understanding new, post-revolutionary realities, but they also taught young readers how to perceive modern events and communist practices. Relying on a process of dual-media rendering, illustrated books presented propaganda as a simple, repeatable narrative or verse, while also casting it in easily recognizable graphic images. A vehicle of ideology, object of affection, and product of labour all in one, the illustrated book for the young Soviet reader emerged as an important cultural phenomenon. Communist in its content, it was often avant-gardist in its form. Spotting three thematic threads – communist goals, pedagogy, and propaganda – The Pedagogy of Images traces the formation of a mass-modern readership through the creation of the communist-inflected visual and narrative conventions that these early readers were meant to appropriate.

Foundations of Comparative Politics Kenneth Newton 2016-05-12 The new edition of this leading overview of comparative politics once again blends theory and evidence across democratic systems to provide unparalleled coverage. The student-friendly structure and clear, concise writing ensure that complex issues are clearly explained and students engage with the key theories. The third edition is updated throughout, with a new chapter, 'Public Spending and Public Policies', increased coverage of defective democracies, and revised coverage of e-democracy and the power of the media. The pedagogy is simplified with a focus on 'Briefings' and 'Controversies' that feature examples from across the globe, alongside clear key terms, 'What We Have Learned' and 'Lessons of Comparison' sections, and a wealth of online materials to complete a rich teaching and learning package.

Top Secret Recipes Step-by-Step Todd Wilbur 2015-11-17 The #1 Bestselling Top Secret Recipes Series—With More Than 4 Million Books Sold! A full-color cookbook from America's Clone Recipe King For more than twenty-five years, Todd Wilbur has been obsessed with recreating America's most iconic brand-name foods at home. In his first cookbook with color photos, the New York Times bestselling author brings you 125 new clone recipes: 75 first-time hacks and 50 overhauled all-time favorites. Each recipe comes with easy-to-follow step-by-step photos so that even novice cooks can perfectly recreate their favorite famous foods with everyday ingredients. And your homemade versions cost just a fraction of what the restaurants charge! The result of years of careful research, trial-and-error, and a little creative reverse-engineering, Top Secret Recipes® Step-by-Step hacks: • KFC® Original Recipe® Fried Chicken and Cole Slaw • Cinnabon® Classic Cinnamon Roll • IKEA® Swedish Meatballs • Pinkberry® Original Frozen Yogurt • Raising Cane's® Chicken Fingers and Sauce • Arby's® Curly Fries • Lofthouse® Frosted

Cookies • Wendy's® Chili • Panera Bread® Fuji Apple Chicken Salad • Starbucks® Cake Pops • Cafe Rio® Sweet Pork Barbacoa • McDonald's® McRib® Sandwich • The Melting Pot® Cheddar Cheese Fondue • P.F. Chang's® Chicken Lettuce Wraps • The Cheesecake Factory® Stuffed Mushrooms • Ben & Jerry's® Chocolate Chip Cookie Dough Ice Cream • Chick-fil-A® Chicken Sandwich • Chili's® Baby Back Ribs • Chipotle Mexican Grill® Adobo-Marinaded Grilled Chicken & Steak • Cracker Barrel® Hash Brown Casserole • Mrs. Fields® Chocolate Chip Cookies • Ruth's Chris Steakhouse® Sweet Potato Casserole And over 100 more delicious dishes, from snacks and appetizers to entrees and desserts!

Save Me the Waltz Zelda Fitzgerald 2013-07-09 Save Me the Waltz is the first and only novel by the wife of F. Scott Fitzgerald. During the years when Fitzgerald was working on *Tender Is the Night*, Zelda Fitzgerald was preparing her own story, which parallels the narrative of her husband, throwing a fascinating light on F. Scott Fitzgerald's life and work. In its own right, it is a vivid and moving story: the confessions of a famous, slightly doomed glamour girl of the affluent 1920s, which captures the spirit of an era.

You and I, as Mothers Laura Prepon 2020-04-07 "[Prepon] returns to the written word with this heartfelt, honest look at motherhood, styled as both informative guidebook and raw memoir." –Entertainment Weekly When actor, director, and author Laura Prepon first became a mother, she felt raw, full of stress, and blindsided. She sought out resources to help navigate this huge life transition, but only found books about childcare with almost nothing on the shelves about momcare. So, Laura decided to write the book she was looking for. *You and I, as Mothers: A Raw and Honest Guide to Motherhood* is part memoir, part handbook, as Laura digs into her own unconventional upbringing and investigates how it shaped her as a person and as a mother, with intimate stories and never-before-shared anecdotes brought forth in an effort to understand our collective experience as mothers. The book is packed with practical tips for moms of any age, at any stage of motherhood, such as stress reduction techniques, self-care, protecting one's partnership, asking for help, and getting a global perspective on maternity. Also included are easy and delicious recipes, from ideas for kids-friendly food, to romantic dinner dates, and batch-cooking favorites that will help any parent feed their family. Unfiltered, honest, and insightful, Laura encourages the reader to acknowledge their challenges, embrace their strengths, and celebrate their victories as we navigate the greatest adventure of all: motherhood. "Every mother, partner, and friend can benefit from the evocative and hard-earned wisdom within these pages." –Mila Kunis "A powerful multi-hyphenate manifesto examining the most important and often overlooked realities of modern motherhood, written with wit, extraordinary grace, and real guts." –Amber Tamblyn

Breaking the Ice: The Role of Civil Society and Media in Turkey-Armenia Relations 2010 Almost three years have passed since the Protocols on Turkey-Armenia relations were signed in October 2009. With their failure to be ratified less than a year later, Turkey-Armenia relations have once again seemingly fallen off of the Turkish government, media and public's agenda. Three years from now on April 24, Armenians will commemorate the 100th anniversary of the mass massacres and deportations of Armenians that took place in the Ottoman Empire between 1915 and 1917. Without a new initiative to re-start the rapprochement process, it seems like the next time the Armenia issue will be on Turkey's agenda in a significant way will be during this commemoration. In short, official relations are "frozen" at present and perhaps for the near future. Yet GPoT Center's extensive experience in "second-track" diplomacy and conflict resolution projects in various countries gives it a long-term view that lends it hope about future prospects for Turkey-Armenia relations. Particularly in Armenia, GPoT has enacted and continues to enact numerous exchange programs, roundtable discussions and research projects with its Armenian partners that bring together stakeholders from both countries to create and foster dialogue.

Breaking the Spell Daniel C. Dennett 2006-02-02 The New York Times bestseller – a

"crystal-clear, constantly engaging" (Jared Diamond) exploration of the role that religious belief plays in our lives and our interactions For all the thousands of books that have been written about religion, few until this one have attempted to examine it scientifically: to ask why—and how—it has shaped so many lives so strongly. Is religion a product of blind evolutionary instinct or rational choice? Is it truly the best way to live a moral life? Ranging through biology, history, and psychology, Daniel C. Dennett charts religion's evolution from "wild" folk belief to "domesticated" dogma. Not an antireligious screed but an unblinking look beneath the veil of orthodoxy, *Breaking the Spell* will be read and debated by believers and skeptics alike.

Introducing Anthropology of Religion Jack David Eller 2007-08-07 This lively and readable survey introduces students to key areas of the field and shows how to apply an anthropological approach to the study of contemporary world religions. Written by an experienced teacher, it covers all of the traditional topics of anthropology of religion, including definitions and theories, beliefs, symbols and language, and ritual and myth, and combines analytic and conceptual discussion with up-to-date ethnography and theory. Eller includes copious examples from religions around the world – both familiar and unfamiliar – and two mini-case studies in each chapter. He also explores classic and contemporary anthropological contributions to important but often overlooked issues such as violence and fundamentalism, morality, secularization, religion in America, and new religious movements. *Introducing Anthropology of Religion* demonstrates that anthropology is both relevant and essential for understanding the world we inhabit today.

Reassessing Lukashenka G. Ioffe 2014-10-05 What are the factors of Lukashenka's longevity at the helm of power? This question is addressed in the context of Belarusian history and identity, not as an outcome of a form of government deceitfully imposed on an allegedly benighted people whom better positioned and informed outsiders seek to enlighten and liberate.

The Search for Europe 2016-03-10 The eighth volume in the annual series sponsored by BBVA as part of its OpenMind initiative devoted to disseminating knowledge on key issues of our time, *The Search for Europe* analyses the present and future of the old continent and its integration project, which is certainly the most ambitious political and economic integration project ever attempted in history, and a benchmark for similar processes in other regions.

A History of Light and Colour Measurement Sean F. Johnston 2015-05-05 2003 Paul Bunge Prize of the Hans R. Jenemann Foundation for the History of Scientific Instruments Judging the brightness and color of light has long been contentious. Alternately described as impossible and routine, it was beset by problems both technical and social. How trustworthy could such measurements be? Was the best standard of intensity a gas lamp, an incandescent bulb, or a glowing pool of molten metal? And how much did the answers depend on the background of the specialist? *A History of Light and Colour Measurement: Science in the Shadows* is a history of the hidden workings of physical science—a technical endeavor embedded in a social context. It argues that this "undisciplined" subject, straddling academia, commerce, and regulation, may be typical not only of 20th century science, but of its future. Attracting scientists, engineers, industrialists, and artists, the developing subject produced a new breed of practitioners having mixed provenance. The new measurers of light had to decide the shape not only of their specialism but of their careers: were they to be a part of physics, engineering, or psychology? The physical scientists who dominated the subject into the early 20th century made their central aim the replacement of the problematic human eye with physical detectors of light. For psychologists between the wars, though, describing the complexity of color was more important than quantifying a handful of its dimensions. And after WWII, military designers shaped the subject of radiometry and subsumed photometry and colorimetry within it. Never attaining a professional cachet, these various specialists moved fluidly between science and technology; through government, industry, and administration.